

FAMILY READINESS GROUP

LEADERSHIP TRAINING

19 July 2006

1800-2000

**Community Support Center, Building 1520
Classroom 4**

The Family Readiness Group (FRG) is an organization that provides mutual support for a unit's family members. The FRG forms the third component of the Army's family support system during deployment. The FRG serves as an important source of inspiration, training, and support to empower Army families to increase and enhance their self-reliance.



For more information, call 301-619-3787